

PFLAG ---

The idea for PFLAG began in 1972 when Jeanne Manford marched with her gay son in New York's Pride Day parade. After many gay and lesbian people ran up to Jeanne during the parade and begged her to talk to their parents, she decided to begin a support group. The first formal meeting took place in March 1973 at a local church. Approximately 20 people attended.

In the next years, through word of mouth and in response to community need, similar groups sprang up around the country, offering "safe havens" and mutual support for parents with gay and lesbian children. Following the 1979 National March for Gay and Lesbian Rights, representatives from these groups met for the first time in Washington, D.C.

30+ years later, PFLAG has grown to over 500 chapters nationwide, over 250,000 members, supporters, and affiliates, representing the largest chapter network in the struggle for lesbian, gay, bisexual, and transgender (LGBT) rights.

What we believe ---

Gay, lesbian, bisexual and transgendered (GLBT) people are naturally that way. It is not a choice in the sense that we choose clothing or a line of work. No one knows how human sexual orientation is determined. In discussions with hundreds of families with GLBT children, we have found that:

- ◆ GLBT children are usually aware of their sexual orientation at an early age.
- ◆ Those who are GLBT are not influenced or taught to be GLBT by anyone.
- ◆ In instances where GLBT people try to become heterosexual, attempts fail - often with tragic results.
- ◆ Fears of "catching" homosexuality or of being "recruited" at school or elsewhere are unreasonable and have no scientific basis.
- ◆ Rejection of a GLBT person by his/her family is a tragedy for everyone.
- ◆ A GLBT person's expression of love is not immoral and should not be illegal.
- ◆ Denial of human rights on the basis of sexual orientation or gender identity is unconscionable and has no place in a civilized society.

We care for and care about GLBT people, their families and friends in a variety of ways...

Monthly Discussion Groups

Participants may share or just listen in a safe, non-judgmental and confidential atmosphere that provides support and information.

Lending Library

We offer a wide assortment of books addressing issues such as family relationship, "coming out", religion, and GLBT history, that may be borrowed at no charge

Straight Spouse Network

Information on this group is available for the straight person whose partner has disclosed his or her gender identity.

Speakers Bureau

Experienced, caring PFLAG members are available to speak to community groups such as service clubs, churches, and schools.

Community Resources

Information about social activities, educational opportunities, and support groups that welcome and affirm LGBT people and their families



PFLAG National Office
1726 M Street, NW Ste. 400
Washington DC, 20036
(202)467-8180
Website: www.pflag.org
Email: info@pflag.org



Gay-Straight Alliance Network
Statewide Office:
1550 Bryant St., Ste. 800
San Francisco, CA 94103
(415) 552-4229
info@gsanetwork.org



The Trevor Hotline:
866-4-U-TREVOR
(866) 488-7386
www.thetrevorproject.org

Sacramento Chapter Meeting Information

Third Tuesday of each month
7:30 - 9:30 pm

St. Marks's United Methodist
Church

2391 St. Mark's Way, Sacramento
(on the corner of Lusk Drive and
St. Marks's Way near Butano Drive
behind Country Club Plaza)

All are welcome.

Meetings are confidential.

Meeting format varies but usually
includes open discussion,
community education,
announcements of general interest
and information regarding
upcoming events.

Although there is an opportunity to
make freewill donations at the close
of meetings, there is no charge to
attend.

Many chose to support PFLAG by
becoming members. Membership
applications are available on our
website.



Parents, Families and Friends of Lesbians and Gay

*A safe place
to find
understanding
and support*

**Sacramento PFLAG
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www.pflagsacramento.org**

Our Mission

Parents, Families and Friends of
Lesbians and Gays promotes the
health and well-being of gay,
lesbian, bisexual, and
transgendered
persons, their families and friends
through:

- ◆ **Support...**
to cope with an adverse
society
- ◆ **Education...**
to enlighten an ill-informed
public
- ◆ **Advocacy...**
to end discrimination and to
secure equal civil rights

PFLAG provides opportunity for
dialogue about sexual orientation
and acts to create a society
healthy
and respectful of human diversity.

Our Vision

We, the parents, families and
friends of lesbian, gay, bisexual
and transgendered persons,
celebrate diversity and envision a
society that embraces everyone
including those of diverse sexual
orientations and gender identities.
Only with respect, dignity and
equality for all will we reach our
full potential as human beings,
individually and collectively.
PFLAG welcomes the participation
of all who share in, and hope to
realize, this vision.

